



Medical PA Criteria Document

Medical Procedure Class:	CT Chest
Date:	July 17, 2006
Updated:	January 1, 2008

Executive Summary

Purpose:	To encourage more appropriate utilization and resource management of costly diagnostic imaging studies, in this case computerized tomography imaging of the chest.
Why was this Issue Selected:	An analysis of Missouri Medicaid claims data has identified imaging of the chest as one of the most highly utilized diagnostic imaging exams performed. From Oct 2004-Sept 2005, the State spent over \$4.5 million for over 21,000 of these high cost, high-test studies. The results of utilization management programs have suggested that a meaningful percentage of such exams are ordered inappropriately due to any of the following: • The absence of appropriate clinical indications, e.g. established diagnoses or signs and symptoms • The absence of initial and appropriate screening exams, e.g. prior Chest X-ray • Layering and redundancy of prior and recent definitive exams, CT, MRI or otherwise

- Procedure Group for review: Computed Tomography of the Chest
- Age range: All patients

Approval Criteria

- Diagnosis of Pneumonia with > 4 weeks of antibiotic therapy
- Pulmonary Embolus, Hemoptysis or Superior Vena Cava Syndrome without history of CT Chest in previous 6 weeks
- Diagnosis of Suspected or known tumor
- Documented Lung Screening
- Emergency/Trauma claims and Inpatient claims will not require above criteria

Denial Criteria

- History of CT Scan of chest in previous 60 days
- Absence of Chest X-Ray in previous 30 days
- Absence of Antibiotic therapy with diagnosis of Pneumonia
- Previous CT Scan of chest with diagnosis of Pulmonary Embolus, Hemoptysis or Superior Vena Cava Syndrome
- Absence of Tumor and no history of Lung Cancer Screening